14th ANNUAL SPOONBREAD FESTIVAL

5-K Run and 1-Mile Fun Run/Walk

Saturday, September 18, 2010

5K Race Mapped/Timed by John's Run/Walk Shop

www.spoonbreadfestival.com

14th Annual

Berea Spoon Bread Festival

A Berea Chamber of Commerce Event

Pre-registration fee for the 5k run and the 1-mile fun run/walk is $15.00 and is due by September 14, 2010. **Please do not mail registration form after Sept. 14th.** T-shirts commemorating the event will be available to individuals who pre-register for the event. You may order additional T-shirts at a charge of $8.00 per shirt. **The registration fee is non-refundable.**

On-site Registration (day of event): $20.00, with T-shirts subject to availability.

Check in and On-site Registration begins at 7:00 a.m. at Saint Joseph Berea (305 Estill Street). Participants need to report at least 30 minutes prior to start time.

Start time: The 5-K Run and the 1 Mile Fun Run/Walk begin at 8:00 a.m. in front of Saint Joseph Berea (305 Estill Street, Berea, KY).

5K ROUTE: See www.spoonbreadfestival.com for map for 5-K. Call 859-986-9760 for directions and information, or contact event co-chairs: Greg Gerard, at: greggerard@catholichealth.net or Tracy Blevins at: tblevins@blevinslaw.net

Awards/Prizes for the 5-K Run will be presented at the conclusion of the race at Saint Joseph Berea. Prizes include: 1st - 3rd place overall and in each division. **Note: the 1 Mile Fun Run/Walk is not timed and therefore prizes will NOT be awarded.**

Madison County Wellness Program: One Madison County or Berea Community School Elementary age child may participate free with any paid adult registration. Adult must accompany child during race. One T-Shirt per registration fee. Additional T-Shirts available for $8.00 each. Adult age category should be indicated for division award. Madison County or Berea elementary school with the most participants will receive prize. For more information, contact: Kathy Todd at: Kathleen.Todd@Madison.kyschools.us

Official Entry Form

☐ 5-K Run ☐ Male

☐ 1-Mile Walk ☐ Female

Last Name First Name

Street Address

City State Zip

Phone Number Email Address

Please circle Adult T-shirt size desired: S M L XL XXL

Additional Adult T-shirts ($8.00 each): **S M L XL XXL**

Please circle Youth T-shirt size desired: S M L

Additional Youth T-shirts ($8.00 each): **S M L**

Madison County Wellness Program Participant

Child's Name: _____

Name of School: _____

Indicate Age Division

- ☐ Age 9 & Under
- ☐ Age 10-12
- ☐ Age 13-15
- ☐ Age 16-19
- ☐ Age 20-24
- ☐ Age 25-29
- ☐ Age 30-34
- ☐ Age 35-39
- ☐ Age 40-44
- ☐ Age 45-49
- ☐ Age 50-54
- ☐ Age 55-59
- ☐ Age 60-64
- ☐ Age 65-69
- ☐ Age 70 & Over

Birth Date:

_____

Month Day Year

Presenting Sponsor:

CATHOLIC HEALTH INITIATIVES

Saint Joseph Berea

Gold Sponsors:

Blevins Law Attorneys at Law

Chiropractic Health Solutions

"Your Solution to a Healthy Lifestyle."

Dr. Brenda J. Huser-Taylor, DC

Release and indemnity agreement – Running and/or walking a distance race is a potentially hazardous activity. I should not enter and participate unless I am medically and physically able, and properly trained. In consideration of entering this 5K/One-Mile Fun Run/Walk, and intending to be legally bound, I do release and waive for myself and for my heirs, executors, and administrators (and for my child as its legal guardian) any claims for any damages and liabilities of any kind arising out of my participation in the event against all persons, entities, and agencies involved with promoting and running the event, including the Berea Chamber of Commerce, Spoonbread Festival, City of Berea, and all Sponsors. I hereby release all publication rights of any photographs or videography taken at this even. By signing below, I indicate that I agree to abide by this agreement and acknowledge that **I ASSUME ALL RISK ASSOCIATED WITH PARTICIPATING IN THIS EVENT.**

_____

Signature of Participant

_____

Parent's Signature if under 18

Make check payable to:

Spoonbread Festival

Mail registration form and check to:

Greg Gerard, Co-Chair SBF 5-K Run

305 Estill Street, Berea, KY 40403

Info: greggerard@catholichealth.net